

DAILY PRACTICES AND GUIDELINES ABOUT DIABETES

1-3 March 2024
Renaissance Wien Hotel
Vienna, Austria



1-3 March 2024 / Renaissance Wien Hotel / Vienna, Austria

1 MARCH 2024, FRIDAY (DAY 1)

- 14:00-15:00** **Opening Ceremony and Introduction of the Course**
Aytekin Oğuz
Maja Mirocevic Rotolo
- 15:00-15:30** **Coffee break**
- 15:30-17:30** **Overview of Antidiabetic Medications, Pros and Cons**
Chairperson: Maja Mirocevic Rotolo
- 15:30-16:00** Metformin, sulfonylureas and glinides
Maja Mirocevic Rotolo
- 16:00-16:30** SGLT2 inhibitors and DPP-4 inhibitors
Ljiljana Cirkovic
- 16:30-17:00** Thiazolidinediones, Alpha-glucosidase inhibitors
Yüksel Altuntaş
- 17:00-17:30** Other options and promising new agents
Kubilay Karşıdağ

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2 MARCH 2024, SATURDAY (DAY 2)

- 09:00-10:30** **Daily Practices and Guidelines**
Chairperson: **Aytekin Oğuz**
- 09:00-09:20 Quality improvement in diabetes care
Aytekin Oğuz
- 09:20-09:40 Up-to-date guidelines recommendations
Yüksel Altuntaş
- 09:40-10:10 Experiences from daily practises
Kubilay Karşıdağ
- 10:10-10:30 Discussion: How can we merge guidelines with real world?
Maja Mirocevic Rotolo
- 10:30-11:00 **Coffee break**
- 11:00-13:00** **Type 2 Diabetes Mellitus Treatment Across...**
Chairperson: **Ljiljana Cirkovic**
- 11:00-11:30 Concomitant cardiac disease patients
Sadi Güleç
- 11:30-12:00 Concomitant renal disease patients
Yüksel Altuntaş
- 12:00-12:15 The age
Ahmet Temizhan
- 12:15-12:45 The metabolic statues of patients
Necla Özer
- 12:45-13:00 Discussions
- 13:00-14:00 **Lunch**

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2 MARCH 2024, SATURDAY (DAY 2)

- 14:00-15:30** **How to Plan the Treatment?**
Chairperson: **Petar Seferovic**
- 14:00-14:15 Lifestyle modifications
Petar Seferovic
- 14:15-14:30 Monotherapy options
Yüksel Altuntaş
- 14:30-14:40 Monotherapy failure: Whom, why and when?
Kubilay Karşıdağ
- 14:40-15:10 After monotherapy failure
Maja Mirocevic Rotolo
- 15:10-15:30 Discussions
- 15:30-16:00** **Coffee Break**
- 16:00-18:00** **Combination Therapy and Cases**
Chairperson: **Ljiljana Cirkovic**
- 16:00-16:30 Early combination therapy
Aytekin Oğuz
- 16:30-17:00 Combination therapy failure
Maja Mirocevic Rotolo
- 17:00-17:15 Case 1
Sadi Güleç
- 17:15-17:30 Case 2
Kubilay Karşıdağ
- 17:30-17:45 Case 3
Yüksel Altuntaş
- 17:45-18:00 Discussions

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3 MARCH 2024, SUNDAY (DAY 3)

- 09:00–10:30** **Optimising Type 2 Diabetes Care**
Chairperson: **Maja Mirocevic Rotolo**
- 09:00–09:20 Patient education and self-awareness
Ljiljana Cirkovic
- 09:20–09:40 Avoidance of hypoglycemia
Petar Seferovic
- 09:40–10:00 Avoidance of weight gain
Maja Mirocevic Rotolo
- 10:00–10:20 Screening for microvascular complications
Ahmet Temizhan
- 10:20–10:30 Discussions
- 10:30–11:00** **Coffee break**
- 11:00–13:00** **How to Plan the Treatment?**
Chairperson: **Aytekın Oğuz**
- 11:00–11:30 Stepwise approach to pharmacologic therapy
Aytekın Oğuz
- 11:30–11:45 Stratifying patients by A1C percent
Yüksel Altuntaş
- 11:45–12:15 Foot problems and care
Kubılay Karşıdağ
- 12:15–12:45 Nephropathy and retinopathy
Ljiljana Cirkovic
- 12:45–13:00 Discussion
- 13:00–14:00** **Lunch**